

Tomorrow: High: 43 F Low: 32 F



Who's on first? See the recap of the baseball team's road trip to Lincoln.

Two-wheeling Cycling enthusiats are trying to raise awareness about the changes coming to campus.

Bracketology Check out today's Tipoff for Big 12 Conference brackets. Fill them out to see how you do.



Bob Zellner, civil rights activist, talked to students Tuesday in the K-State Student Union's Forum Hall. His speech included his background and work in the Civil Rights Movement along with a discussion of

Civil rights activist speaks

Bob Zellner encourages students to advocate, find a cause to support

Elizabeth Hughes staff writer

Students and community members were able to attend a presentation given by Bob Zellner, civil rights activist, at the K-State Student Union's Forum Hall on Tuesday. The presentation was a part of the Dorothy L. Thompson Civil Rights Lecture Series.

The mention of the Ku Klux Klan hung in the air as the crowd settled in for the story about Zellner's experiences as a life-long civil rights activist. From that point on, audience members listened intently to his every word.

"I'm in a Ú.S. History class and we were told about it," said Hollyann Sewell, senior in music education. "I'm looking forward to hearing about the Civil Rights Movements and things that he's been involved in. It's such a fascinating part of our history and to hear more about his personal experiences are always awesome to connect with."

Zellner spoke of his family background, describing how influential his father's decision to leave the KKK affected his family and social life.

"As I grew up I was very lucky that my father broke ties with the Ku Klux Klan," he said. "And when my father did that, his father disowned him disinherited my father. ed freedom, democracy, you're not fit to live."

His brothers never spoke to him again. That was the seriousness of the situation I grew up in in Alabama, in a system of apartheid."

began his Zellner career as a civil rights activist as a senior at Huntingdon College in Montgomery, Ala. in 1959. Faced with an assignment to write a paper about racial issues, Zellner decided to interview Martin Luther King Jr. and Rosa Parks despite the strict segregation laws. He ran the risk of being arrested when he attended a non-violence workshop taught by King, and, sure enough, police surrounded the church while he was in attendance.

"When Rosa Parks was taking us to the back door so we could run for it, sure enough Mrs. Parks, that quiet woman of granite, put her hand on my left elbow," Zellner said. "She said 'Bob, if you see something wrong, you're going to have to take some action, you're going to have do something, you can't study this forever.' Has anyone ever had a more direct commission from headquarters to get into the movement than that?"

Zellner recalled the KKK burning a 38 foot cross right down the street from the Huntingdon campus, in an effort to retaliate against students trying to integrate Montgomery.

"We were in the middle of the Cold War at this time," he said. "Our country repre

equality, fraternity, justice, and all of a sudden you can get asked to leave school and called a communist because you went to church and heard Dr. Martin Luther King Jr. preach. Take a risk. Do what Dr. King said. If you don't have something worth dying for, you're probably not fit to live."

Over the course of his career, Zellner was arrested 18 times and beaten on several occasions. He said he learned more outside of school than when he was learning in class.

"You might find that there are issues on campus that are worth discussing. People might need to take a risk," he said. "When there's controversy about international students on a university campus, I know that we had the same thing 50 years ago. And I know as an undergraduate at Huntingdon College, I learned more from the Iranians, the Iraqis and the Saudis and the Africans and so forth."

After the presentation, Courtney MacCallum, sophomore in secondary education, said she liked several parts of Zellner's presentation.

"I found his history of growing up and the way he was raised really interesting," MacCallum said. "I really enjoyed the part about the Klu Klux Klan, and how his dad ended up dropping it. I thought that was one of the important moments in his speech. I also liked how he talked about taking risks and if you're not fighting for a cause

Community gardens bring benefits

Plots provide sustainability, natural beauty, former professor says

Elizabeth Hughes staff writer

K-State dens Visiting Center was alive on Tuesday afternoon with spirited local residents, eager to gain knowledge about Manhattan's very own community garden and its history. The crowd of older citizens listened intently to Chuck Marr, retired K-State professor of horticulture, and his presentation about the importance of community gardens.

The room full of passionate gardeners discussed the broad spectrum of benefits and challenges Manhattan's garden has overcome since its establishment in 1974.

"We have the oldest community garden in Kansas and probably one of the oldest in the Midwest," Marr said. "It's a partnership between the city of Manhattan, who provides the land, and the educational center UFM, who provides the oversight and management."

Marr, who was a part of the committee that established Manhattan's garden nearly 40 years ago, said community gardens have been around since the

Gardens were first brought to the United States around the time of World War II, and gained popularity in the '60s and

'70s when the population demographics shifted and people deserted cities for

"When people left the cities, it caused a lot of problems because there were vacant spaces everywhere," he said. "This created what is known as a renewal garden, when empty lots were converted into gardens. It began in Detroit, and ever since most cities have had some sort of emphasis on community gardens."

> "That's why I feel gardens are so important. It's a beautiful spot in the community where people can go to learn or just to hang out."

Judy Unruh coordinator of Tuesday Talks in the

Marr said since the mid-2000s the idea of community gardens has exploded. The need for healthier diets and less processed foods at the turn of the century drove society to desire more fresh vegetables and fruit, and space to generate their own produce. A great deal of people turned to community gardens as the answer, he said.

"Several things hap-pened that created what I like to call the 'perfect storm," Marr said. "There was a greater concern for health. Most of the major health associations all came out saying we ought

to eat more fruits and vegetables. Along with that, we had an emphasis on local foods because they taste better and are fresh. Then came the big economic recession. Anytime there's a recession, there's more of an interest in gar-

dening." Marr said college students with tight budgets are just one example of those who can benefit from community gardens.

For a small fee, gardeners are provided all of the necessities for growing a large range of crops that constitute a healthy diet. He said as a teacher it was clear that most students are health conscious and in need of an inexpensive way to satisfy their nutrition demands. Marr concluded that community gardens are a reasonable alternative to purchasing pricey grocery store prod-

In addition, Marr said the diverse population at K-State can benefit from community gardens be-cause it provides Manhattanites the opportunity to interact with each other and learn what kind of produce other cultures grow.

"Gardens are a place where you can see a mixture of cultures and backgrounds," Marr said. "There is a lot of diversity at our community gardens, where all different ages and races can come together. It's a good way to learn from other people and see how they

do things." Marr explained that each plot is 25 by 25 feet, and all returning gardeners have the opportunity to rent two plots. There are three and a half acres of Manhattan community garden, where all water and gardening equipment is provided.

"You can grow anything that's legal," Marr said.
"You can put up a fence or build a structure. You have the option to return to the same plot year after year so you can grow perennials. You can even plant dwarf trees. You basically have your very own space

to do with as you wish." Charlice Holmes, Manhattan resident, said she was excited to attend the presentation because gardening is important to

"I heard Chuck would be speaking about gardens in the community, so I came because I thought it was interesting," she said.
"I'm looking forward to

learning something new." Judy Unruh, coordinator of the community gardening program called Tuesday Talks in the Gardens, said her goal is to raise awareness of the gardens in order to gain support. Tuesday Talks began last fall and can range from bee keeping to chiropractor presentations on how to prevent back pain

while gardening.
"I just feel passionate about natural beauty,"
Unruh said. "I guess my
parents just brought me up to be in touch with the Earth. We all feel better in a beautiful place. That's why I feel gardens are so important. It's a beautiful spot in the community where people can go to learn or just to hang out."

CITY COMMISSION

Locals recognized for service

Jakki Thompson assistant news editor

TThe Manhattan City Commission recognized many people at the meeting Tuesday in the City Commission

Room in City Hall. The city of Manhattan was recognized as a Blue CHIP city by the Kansas Blue Cross and Blue Shield staff. Blue CHIP, an award created in 2011, was created to recognize communities in Kansas that have raised awareness of healthy lifestyles.

Mike Buchanan, Manhattan resident, was awarded one of the Mayor's Community Service Awards for the extensive volunteer work he has done coordinating the 2A high school state basketball tournament, held in Bramlage Coliseum, for the past 23 years.

'It doesn't really feel like work," Buchanan said. "Yeah, it can create some long days, but it is such a wonderful event. This is what high school athletics are all about."

Kathy Stevens, Manhattan resident, was also recognized with the Mayor's Community Service Award for her work with the Boys and Girls Club of Manhattan. She has served as a board member for the Boys and Girls Club for the past 10 years and is involved in several other organizations around the city of Manhattan.

Rose Harris, coordinator for Brain Awareness Month in Manhattan, accepted the city's proclamation for Brain Awareness Week from March 12-18. Of the International Pilot programs that bring awareness to brain diseases, there are three in the surrounding community: the Little Apple Pilot, the Manhattan Pilot and the Sunflower

Commissioners also approved the ordinance to permit alcohol consumption in the Blue Earth Plaza in the Flint Hills Discovery Center. This space will be for smaller events, so there will be specific rules and regulations for this particular venue and the events it hosts.



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Yesterday's answer 3-7

Logan's Run | By Erin Logan



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The Collegian welcomes your letters to the editor. They can be submitted by email to letters@kstatecollegian.com, or in person to Kedzie 116. Include your full name, year in school and major. Letters should be limited to 350 words. All submitted letters may be edited for length and clarity.

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LETTER TO THE STUDENT BODY

K-Staters should continue to show respect, support

K-State Students:

In my role as dean of all students I am personally and professionally committed to the support, care and advancement of our school's international community of students, scholars and families. It is my privilege and honor to serve, promote and encourage this incredibly important part of our K-State family.

The response from our students (domestic and international), faculty, fellow administrators, alumni and student leadership to an opinion piece in the Collegian has reaffirmed my belief in Kansas State University as a welcoming, inclusive community. I also appreciate that the student who wrote the editorial and the student editor have apologized for the piece. It is imperative for each of us to maintain our perspective and not let our university be defined by any one person or action. We live in a time when information and misinformation can circle the globe in minutes, which, while amazing, can have unintended consequences.

We need to do more as a K-State family to get out of our personal comfort zones and grow in the appreciation of the world around us. I encourage you in the next few days to attend a cultural event, sit with

a group of students outside your own cultural group at lunch, read "Zeitoun" (our freshman book selection) and share your thoughts with someone who is not like you. Will it be easy? Maybe not, but doing things the K-State way means doing what's right. It might be easier than you think!

I know you will continue to walk on campus with your head held high, offering a ready smile, "hello," or welcoming nod to fellow students, regardless of who they are or where they are from. I encourage you to consider studying abroad, or just take a modern language course or UFM class addressing another culture. The world we live and work in will continue to become more international so please look for intentional ways to grow, welcome and support one another ... while always wearing purple!

We have been given an opportunity to reaffirm our international student and scholar commitment. As we strive and plan to increase student success for all of our students, let's grow as a K-State family in new and exciting ways.

Go Cats!

Pat J. Bosco, Ph.D.

vice president for student life and dean of students





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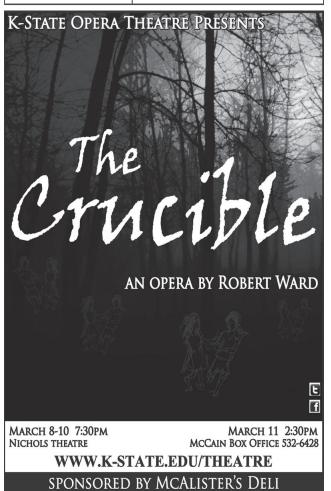
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BASEBALL

K-State falls short against Nebraska in Lincoln on Tuesday

Wildcats lose in their first of three games against the Huskers this season despite ability to 'battle back'

Spencer Low

The Wildcats lost 9-6 to Nebraska on Tuesday night at Hawks Field in Lincoln, Neb., with two four-run innings by Nebraska's offense, proving to be too much to overcome. K-State trailed 9-3 going into the eighth inning and cut their deficit in half with a three run rally, but couldn't get the other three runs they needed to send the game into extra innings.

The Wildcats, who fell to 5-6 with the loss, left 12 runners on base in the game, six of which were in scoring position. Nebraska advanced to 7-4 on the season in the first of three games against K-State this season. The next matchup between the two teams will be March 27, in Lincoln, with the final game of the series will take place at Toiton Family Stadium in Manhattan on Ápril 3.

Sophomore pitcher Shane Conlon took the loss, dropping him to 1-1 this season, after allowing all four of his runs in the third inning. Conlon was perfect through two, but surrendered a tworun homer to Kale Kiser before hitting a batter and walking another to put two more runners on with no outs.

Sophomore Jared Moore came in and surrendered a blooper over senior Wade Hinkle's head to allowing Nebraska to score two more. Moore hit some turbulence again in the fifth, when he appeared to pick off Nebraska's Michael Pritchard, but Pritchard scrambled back to second on Moore's throw to third. Nebraska's Chad Christensen hit a single to score Pritchard, and the Huskers hit a two-RBI double and an RBI single to

'I thought Jared came in and minimized it at two in



Evert Nelson | Collegian

Senior infielder Wade Hinkle, on deck, looks on as Jared King, sophomore outfielder, hits the ball during the March 2 game against Pacific.

the third, but it was just one of those baseball things," said head coach Brad Hill. "A guy gets one off the end of the bat and it goes over our first baseman's head by five feet. Instead of two runs, they get to four.

For the Wildcats, Hinkle led the team offensively, reaching base in all four of his at-bats. The first baseman got K-State on the board in the first with an RBI single, and was later hit by a pitch and worked three walks. He has now reached base in all 11 games for the Wildcats

and boosted his hitting streak to six games, one game away from his career high.

Trailing by six in the eighth inning, senior Matt Giller scored on an RBI groundout by sophomore Ross Kivett. Junior Jon Davis scored next on an error off the end of senior Jake Brown's bat, forcing Nebraska to make a call to the bullpen. Junior Tanner Witt hit a single to right field and Hinkle took one of his three walks to load the bases for sophomore Blair DeBord, whose dribbler to second wasn't fielded in time and

became an RBI infield single to make it 9-6.

"The big thing that was positive today is the fact that we battle back," said Hill. "That's the first time we've really come back. We competed in the eighth inning and got the go-ahead run to the plate. We had a shot. Mike gives us a great at-bat, and he hits a line drive right at the shortstop. If that ball gets through, then we put a lot of pressure on them.

The Wildcats return to Manhattan Friday for a fourgame series against Uni-



Mike Kindel, senior outfielder, makes his way toward first base during the March 2 home game. K-State lost to Pacific, 7-2.



A K-State player stops a Pacific player from touching third during a March 2 game at Tointon Family Stadium.

versity of Hartford. Game one starts at 3 p.m. at Tointon Family Stadium. The entire series can be seen on

K-StateHD.TV and can be heard on KMAN-AM 1350 and online at k-statesports. com and 1350kman.com.

WOMEN'S GOLF

Team finishes 12th in Florida



Whitney Pyle, junior, chips onto the green at the Sept. 26, 2011, Marilynn Smith/Sunflower Invitational at the Colbert Hills Golf Course in Manhattan.

Corbin McGuire

The K-State women's golf team finished 12th in their second outing of the spring season at the Hurricane Invitational in Miami, Fla., that was hosted by the University

Head coach Kristi Knight said she and the team both were disappointed with how they played but she remained positive about her team's

"That's a part of golf and competing. We weren't very sharp on a very penalizing golf course," Knight said. "The course got us today. The golf course ate our lunch."

The Wildcats finished their three rounds at the par-71, 6,017-yard Deering Bay Yacht and Country Club Golf Course with a 114-over-par

Knight said that this tournament would not define her team or their season. The team had an average of 299.72 strokes per round coming into this week's tournament.

That's pretty good," Knight said of her team's performance over the course of the season. "I'm confident we will bounce

back and grow from this." The 54-hole tournament lasted two days, Monday and Tuesday, with two rounds played on Monday and the final round falling on Tues-

day.
The Wildcats sat in 10th
Monday's place following Monday's rounds at a 63-over-par 631, but fell two spots in the standings after shooting a 51-overpar 335 in Tuesday's final round, the highest score the Wildcats have shot all season.

Knight said that high wind conditions on top of the fact the Wildcats were playing the "already penalizing," course for the first time reduced the margin for error greatly.

"No excuses, we played poorly," Knight said, before talking optimistically about her team's future. "I'm confident we are going to learn and become better from this experience."

The No. 16 Ohio State Buckeyes and the hometown Hurricanes finished the tournament tied for first place with a 54-hole score of 918, or 66 over par.

Whitney Pyle proved to be the most consistent Wildcat with her three rounds of 78, 79 and a final round of 79 that moved her up seven spots in the player's leaderboard to finish in a tie for 27th.

"It's just a matter of com-

posure," Knight said of Pyle's consistency. "Whitney hit the ball solid today. When the conditions are like this, if your ball striking is off then the course will eat you up."

Gianna Misenhelter, who shot the single best round for the Wildcats with a 74 in the second round to move her up 10 spots in the standings, dropped eight spots Tuesday after scoring an 83 to finish in a tie for 34th.

Hanna Roos sat neck-andneck with Misenhelter after shooting rounds of 75 and 80 Monday but fell apart in the final round, shooting a 26-over-par 97 to fall 43 spots into a tie for 69th.

Olivia Eliasson and Paige Osterloo completed the Wildcats' scoring lineup with 54hole scores of 38-over-par 251 and 42-over-par 255, respectively.

Ami Storey competed as an individual and finished with a 35-over-par 248 to finish tied

The Wildcats have over two weeks to prepare for their next test at the Mountain View Collegiate that will be played on the Mountain View Golf Course in Tucson, Ariz. The two-day tournament will begin Friday, March 23, and conclude on Saturday the 24.

MEN'S GOLF

K-State places 10th overall on the road in Fresno State Classic

Corry Hostetler

The K-State men's golf team came away from the Fresno State Classic, held on Monday and Tuesday, with a 10th place overall finish. The Wildcats, after having last week off, returned to action by carding a team score of 45-overpar 1125. First place overall at the event went to Oregon State, who had a total score of

7-over-par 1087. The tournament, which was held at Fort Washington Country Club in Fresno, Calif., had a slightly different format than many of the other tournaments the Wildcats have played in this season. Normally, each team has five individuals, with the top four scores counting for the team's overall score. However, this tournament allowed six players to a team with the top five scores totaling each team's overall tally.

"This five-of-six format wasn't real advantageous for us. We are not the deepest team this year, but this is a good experience for these guys," said head coach Tim

The par-72 course saw the Wildcats jump out to a decent start in Monday morning's first round as the team shot 13-over-par 373. Then, in the second round, played that afternoon, K-State continued its spring season trend of improving its scores in the second round by totaling a team score for the round of even-par 360. They finished the first day of the tournament in a tie for 10th place overall with BYU.

Unfortunately for the Wildcats, they were unable to carry the momentum from the second round into Tuesday's final round, and they finished with a total score of 32-overpar 392. In spite of the low score in the last round, K-State was able to maintain its position on the team leaderboard and come away with 10th place overall, out of 16 com-



Curtis Yonke, junior, hits a second shot during the first day of the Jim Colbert Intercollegiate at Colbert Hills Golf Course in Manhattan on Oct. 3, 2011.

peting in the tournament. Individually, the Wildcats were led by junior Curtis Yonke, who shot 3-over-par 219 on the tournament and finished in a tie for 14th over-

all.
"I'm really proud of Curtis
for leading the way for us and playing with a lot of confidence," Norris said.

Senior Kyle Smell and freshman Kyle Weldon finished one stroke apart, as Smell shot an 8-over-par 224 to tie for 41st and Weldon came in one stroke behind him and tied for 47th in the field. David Klaudt came in just two strokes behind Weldon at 11-over-par 227 and finished in a tie for

Sophomore Alex Carney came in tied for 82nd place with a score of 20-over-par 236, and sophomore Tyler Norris rounded out the scoring for the Wildcats by carding a 54-hole score of 21-over-par 237. He finished in 85th place.

The first place overall individual crown in the tournament went to Alex Ching of the University of San Diego, who totaled a score of 7-under-par 209.

Next up for the Wildcats will be the Desert Shootout, which will be played in Goodyear, Ariz., on March 22-24.

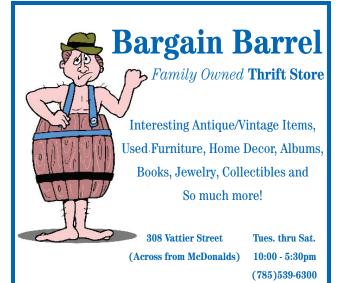
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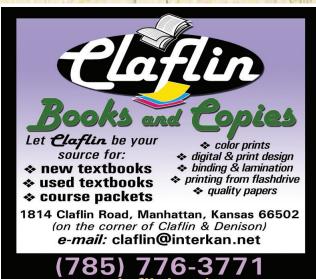
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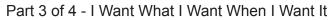
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If you are sympathetic to the Occupy Wall Street movement and see yourself among the 99%, here's a test question: is the pot calling the kettle black? Ask this question again after reading

> I really like Asian food, despite the large menus. Yet another Asian restaurant has just opened in Aggieville, and the list of places to eat in town is getting as long as an Asian menu. What a wonderful range of choice.

Food service is the perfect business. It's one thing that Wal-Mart cannot move into town and crush . . one product that the Internet can't take over. (If only Amazon.com could offer a hot Chipotle burrito with free one-hour shipping for a dollar less and no sales tax!)

Yet, 60% of restaurants fail in the first 3 years. If a business model that Target and Overstock. com can't steal still survives only 40% of the time, what kind of pressure do other small businesses face?

Three years ago, I walked into the major office supply chain in town to find a tape gun. I didn't want the cheap plastic thing that inspires cursing. I wanted a grunt-like-Tim-Allen tape gun – the smooth glide, quick cut, etc. Unwilling to trust any online claims, I wanted to see a tape gun work properly in my hands before buying it.

All they had on the shelf was cheap plastic. I saw the store's shipping services department using a "good" one. Pointing to it, I asked the store manager to sell me one like "that" one. He said they don't stock it. I asked why not? He said that "corporate" makes those decisions. I asked him to order it and he said "that" one wasn't available through them. He didn't know where I could get "that" one. I still don't have a good tape gun.

When I was starting my career 28 years earlier, there were locally owned small office supply stores with formally dressed staff that would find you anything you needed. I know they had that tape gun. Today, national chains determine your few choices and local staff, with shirts barely tucked in, have no mechanism to report your desires up the supply chain. What happened?

If you have been following this series, you probably already know. We are a chorus of birds: cheap, cheap!

Yesterday's great old-fashioned, helpful, friendly, small retailers could not afford to just hang around while we spent our dollars at the sale-every-day big box chains. It is ironic that big box retailers are now going under (Circuit City, Borders, Best Buy & Macy's closing stores, etc.) because, love the one you're with, we have all now flocked to online retailers to shave a few more pennies off of the price.

Consider this. Product innovation and the ability of manufacturers to respond to customer wants and needs has always depended on a uniquely human relationship. Small shops had workers who actually wanted to please you. They used both yours and their own product experience to tell suppliers what to improve upon or create next. This is what brought us product innovation and choice.







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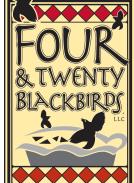
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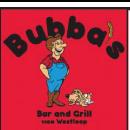
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Do you think a Newegg or Buy.com "service professional" is talking to suppliers and advocating for your needs?

Having discarded personal service to buy from unknown persons named Peggy (a la Discover Card), we have cut off the chain of communication. Products become commoditized and, because price is all that seemingly matters, manufacturers are racing to the bottom.

As we abandon the "get what you pay for" principle, truly excellent choices for a reasonable price disappear for many products and services. We are coming to the place where we can't pay more for a better experience even when we want to.

What's worse is that many people think the cheap thing is quality because they haven't experienced anything better.

The same forces act upon employment opportunities. In days past, a career in small business was more enjoyable. You got to listen to people's needs, offer them quality solutions, and see them return often. Merchants and customers were on a first-name basis. Helping people was actually fun. Go ask a worker in a department store (another threatened business model) how much fun their job is today.

There just aren't that many businesses that truly help us anymore—not if it means we need to pay someone to be there for us.

Big box retail first accomplished selling more product with fewer workers. Online retail is moving massively greater amounts of product requiring even fewer workers. The loss of small business retail means not only the loss of jobs, but also the loss of many job choices including salespersons, buyers, bookkeepers, managers, installers, service techs, HR professionals, etc. and the other small businesses that support small retailers with business-to-business products and services.

And we wonder at the failure of rural American towns & the flight to the cities; increasingly growing landfills piling up disposable products; the income gap between rich and poor & the plight of the 99%. Someone start a protest.

But governments and corporations didn't make these decisions or force us to end up here. We are doing it to ourselves in the way that we spend our money. Where we shop signals what we want – and it apparently isn't an increasing supply of quality jobs or longer lasting consumer products that we don't need to keep throwing away.

So if you are ready to protest your own purchasing decisions, are you going to listen to yourself or ignore your own plight?

> Jeff Koenig, **Entrepreneurial Consultant** Open 4 Business

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New sidewalk markings coming

this summer to help alleviate congestion

Anton Trafimovich staff writer

It is around 60 degrees outside already, and more people are starting to ride their bikes on campus. While K-State is considered a bikefriendly campus, bike-activists strive to improve facilities for cycling on campus and push more students and faculty to substitute their cars for bicycles.

Liam Reilly, a junior in civil engineering, is a bike intern at K-State Sustainability. Last fall he organized the first bike club on campus called Bike State Collective.

We just want to create a better environment for bikers and pedestrians on campus," Reilly said.

Ben Champion, director of sustainability, wanted to find out at what stage the K-State bike community was at when he was creating the bike internship. Knowing which stage would allow Champion to work more efficiently in developing bike culture on campus. So far, Champion thinks, K-State is moving from an early stage to the middle one.

Champion, who got his undergraduate at K-State from 1998-2002, can compare bike facilities of that time and the ones that the university has today. For instance, he mentioned bike paths appearing on multi-use roads and push buttons with blinking lights at crosswalks.

Also, according to Champion, there are more bike racks on campus now. What is more important is the quality of these racks.

'Older bike racks were just not very useful," Champion said. "But these newer U-shape ones are very good."

Reilly also said the Bike State Collective is calling for more bike racks on campus. Another initiative of bike club is to adopt sidewalks on campus specifically for cyclists. So far it's restricted; according to K-State bike regulations, cycling on walk-ways is prohibited Monday through Friday 7:30 a.m.-5

Still many people cycle on the sidewalks. To avoid conflicts between pedestrians Reilly suggests organizing the chalking project. The purpose of the project is to split walkways and mark bike paths by chalk.

"There will not be confusion," Reilly said.

Mark Taussig, associate director of facilities plan-ning, expressed his skepticism about this idea.

"It doesn't work. You can't have thousands of pedestrians and bicyclers in the same place," Taussig said.

He explained that to let both bicyclers and pedestrians use sidewalks on campus, the university would have to to make two extra lanes from both sides of the walkway, four feet each. A lot of intersections on the sidewalks, however, would be a place where bicyclers could easily hit pedestrians.

While denying the idea of cycling on campus, Taussig sees the solution to this problem in putting 'yield' markings on the sidewalks. Bicycle\pedestrian pavement markings of three colors would call bicyclers either to yield to pedestrians, to walk their bikes or would indicate bicycle-only trails.

Taussig said he already got funds and this summer new pavement markings will appear on campus walkways.

Together, with developing facilities, bike-activists are thinking of how to attract more people to ride bikes, not drive. Reilly said bike club is trying to get bikes in the hands of people and looking to various bike-renting and bike-sharing programs.

Such a program already exists. Jim Lewis, director of international admissions and recruiting, started a bicycle rental program in the fall of 2003. It was then, and is now, exclusively for short-term international students who stay at K-State for only one or two semesters. At its high point, Lewis had 55 bicycles in the program. Now, there are 12

"My job has become too busy to allow enough time for maintenance of many bicycles," Lewis said.

Katerina Libalova, an exchange student from Prague, Czech Republic, majoring in international business, rents such a bike from Lewis. She pays a \$25 rental fee per semester and a \$20 lock deposit fee. Free repairs as needed are included. If the bike is stolen, she would have to pay \$80.

"I was lucky that I could rent the bike," Libalova said. 'My bike is a city bike [with a basket in the front], quite old but still functioning. As I don't have a car, it is much easier for me now to get to the mall or downtown?

Apart from technical solutions it's important to enthusiasts to change perceptions of biking. Both Taussig and Champion, for instance, cycle every day. They find cycling faster and cheaper, and healthier than driving.
"I ride my bike and I get to

park right next to my building every day. I don't have to park far away and then walk," Champion said. "A lot of the time, biking to and from work is the only exercise I really get."

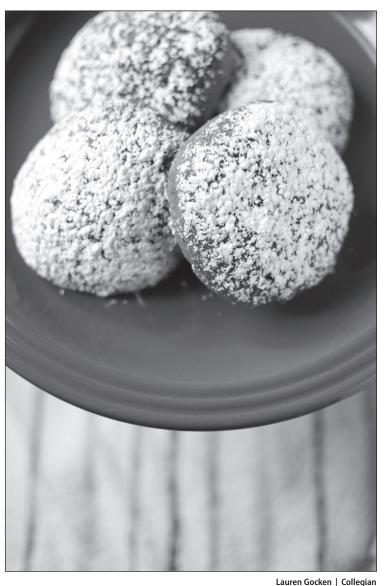
Taussig said he cycles regardless of the weather. While this winter was pretty mild in Kansas he enjoys bicycling in snow in general.

"I think everybody has to bike, personally," he said. "You couldn't make it a law, but to me it makes so much



Tait Shankland, employee at Big Poppi Bicycle Co. in Manhattan, works on an older Trek bike in the shop on Tuesday.

Low-guilt recipe proves easy-to-make, good for potlucks



Lauren Gocken | Collegian

For better presentation, try dusting these pumpkin spice cookies with sifted powdered sugar.

Spicy Pumpkin Cookies Recipe review by Lauren Gocken

Always ready to find my next favorite recipe, I save clippings from magazines, pick up flyers at grocery stores and read online food blogs to find new, delicious food. I found this week's recipe in a spiced cookies flyer at People's Grocery Co-op. It had four different recipes in it, including Scandinavian spice cookies, anise cookies, ginger snaps and this week's recipe:

spicy pumpkin cookies. I love pumpkin baked goods so I was instantly attracted to this recipe. It uses whole wheat flour and maple syrup instead of white sugar, so it's a little healthier than most cookie

I used half the amount of maple syrup and substituted the other half with honey. I also doubled the amount of salt, cinnamon and nutmeg. Spices really make pumpkin sing. I used just a tad more cloves, but not much. Cloves are pretty strong and they're not my favorite pumpkin spice so I kept that amount low.

Ease of preparation: ★★★★ This is just a dry bowl mixed with wet bowl recipe; very easy and fast to

Taste: ★★★★

These cookies taste like little pumpkin-pie-bread-muffin-tops. In essence, it's every delicious, soft pumpkin product ever made wrapped in one delicious, yet healthy cookie. That being said, you can tell a difference between a product made with whole wheat flour and white flour, it's a little grittier and a little denser. I like the taste and texture of whole wheat flour baked goods so I'm not counting that against it. Knowing that there's no sugar and very little

fat makes eating these a healthy indulgence, but if you weren't in healthy mode, they would taste really good with some cream cheese frosting.

Leftover potential: ★★ Pumpkin products are usually very moist, and when you put them in a sealed container overnight they get even wetter. These cookies are a little dry coming out of the oven but after sitting one night in a sealed container they're very moist and soft. That's awesome ... for a few days, then they begin sprouting little gray and white mold spores. I keep my cookies sealed on the counter, but if you put them

Lauren Gocken is a senior in secondary education. Please send comments to edge@ kstatecollegian.com

in the fridge, I bet they'd keep longer.

The recipe makes quite a few cookies

so they're good for potlucks or class

Spicy Fu	mpkin Cookies	Recipe:
Ingredient	5:	,
J		In a small bowl whisk together the flour, baking soda, spices and salt.
1 1/2 cup	whole wheat flour	In another bowl, cream butter and maple syrup together.
1 teaspoon	baking soda	Beat in the egg, pumpkin puree and vanilla extract.
1/2 teaspoon	cinnamon powder	Add the dry ingredients to the wet and blend.
1/4 teaspoon	nutmeg powder	Stir in the raisins.
1/4 teaspoon	cloves powder	Drop by heaping tablespoons onto a lightly greased cookie sheet.
1/4 teaspoon	sea salt	Bake at 375 degrees until lightly browned, about 12 to 15 minutes.
1/2 cup	butter	
1/2 teaspoon	vanilla extract	
2/3 cup	maple syrup	
1 cup	cooked and pureed pumpkin	
1/2 cup	raisins	
1	egg	Recipe courtesy of People's Grocery Co-op's Spice Savvy flyer produced by Fron- tier Natural Products Co-op.

Old Irish folk infused with new artists just in time for local holiday

The Chieftan's "Voice of Ages"

Album review by Zach Weaver

Let's face it: Fake Patty's Day is right around the corner and with this creepily calm winter slowly wrapping up, how can you not be itching for the shamrock spirit to arrive in Manhattan? If you are struggling with focusing on those 30 pages of notes you need to review, that lengthy, dry term paper or that 400-page book that's due in a couple of days (or hours), The Chieftains may have a compromise for you.

With some Irish spirit spilling into your ears, and through their soft-spoken, collaboration-filled release of "Voice of Ages," The Chieftains provide students an album to accompany those tedious tasks while training their ear for the "holiday" to come.

Starting their career in Dublin back in 1962, The Chieftains have gained international respect by releasing new sounds over a half-century of musicianship. Though they have cycled through 11 different members throughout their lengthy career, they have still kept a unique Celtic theme in their arsenal.

The Chieftains continue to show their excellent ability to squeeze some Irish out of an array of talented artists. They are quite familiar with collaborations, as they have previously incorporated their traditional Irish sound with Van Morrison, The Rolling Stones, Willie Nelson, Tom Jones and many others. This time around, they're dipping their pen in

some folk and country ink, featuring such popular artists as Bon Iver, Pistol Annies, The Decemberists, The Civil Wars and Lisa Hannigan, to name a few.

Bon Iver (aka Justin Vernon) accompanies the quartet on the Irish murder ballad, "Down in the Willow Garden." Coming off two unanticipated Grammy Awards including Best New Artist, Bon Iver yet again shows his adaptability to fit into a vast array of genres. He croons along a soft, lullaby guitar and is guided through each line by the dreamy harp. The softhearted tune brings such bitter irony — such a beautiful song and such a sad tale. Nevertheless, the song throws you right into a back alley of Íreland; dodging puddles on

your somber hike home. The folklore-savvy group

The Decemberists show up on "When the Ship Comes In." This is all too fitting for this group, as they have consistently dabbled in lyrical story telling. Though a bit redundant after a couple verses, the song still evokes a sense of Irish pride. Lead singer of The Decemberists, Colin Meloy, has a voice that fits into Irish music with ease, and he rides that

ship as far as he can take it. One of the coolest stories in this album comes from the song "The Chieftains in Orbit." Cady Coleman, a NASA astronaut, makes interstellar alliance possible by recording her Irish flute contribution to the song while orbiting in the International Space Station. The song floats around a calming melody that is heavy on the harp and, of course, the

The lone song that features

only the members of The Chieftains on their 50th anniversary is "The Chieftains Reunion." The enthusiastic tune shows off the band's innate musicianship by incorporating many different instruments, while also giving listeners the confirmation that, despite the group's aging members, these guys can still release a toe-tapping Irish tune that will make even the laziest belly-up to the bartender and celebrate

that shamrock spirit. Other highlights of the album lie with the love ballad featuring The Civil Wars, "Lily Love," and The Secret Sister's stirring "Peggy Gordon." Not to mention Carlos Nunez's additions on the final track, "Lundu" sound straight from an Ireland World Cup theme

song.
While the album offers a very smooth mesh of popular

folk and traditional Celtic sounds, it also isn't an album that will blow anyone's mind. Most songs are lullaby-esque and don't offer a whole lot of variety from their previous works, despite having such a wide collaboration list. However, it is a neat experience to hear how artists can push their sounds into a different genre and team up with one of the most historic Irish groups to date.

I definitely recommend picking up The Chieftains "Voice of Ages." If not to pump yourself up for Fake Patty's Day, hopefully the album will give you some smooth, motivated sounds to study yourself

Zach Weaver is a senior in journalism and digital media. Pléase send comments to edge@kstatecollegian.

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\$TUDENT FINANCE\$

Experts say recession is not a bad time to start new businesses

Andy Rao news editor

When Chase Fortune, sophomore in marketing, started writing music for the first time, he never imagined that one day he would attempt to earn money for his talents. To him, his guitar and microphone were means to an end, a simple method to convey his thoughts and feelings into music.

"I've been writing music for the last two years," Fortune said. "After I had several songs put together, I thought I'd go ahead and try to sell CDs. Like any start-up business it's been tough but I've learned a lot. There's definitely

more to it than just having good

Fortune is just one example of a self-run, self-funded business venture, set out to share creations and in the process, make a profit. Business minded individuals around the nation start new companies on a daily basis. According to the U.S. Small Business Administration, there were 27.5 million small businesses in the United States as of 2009.

Jeff Hornsby, director of K-State's Center for the Advancement of Entrepreneurship, said that the economic recession has only added to the American entrepreneurial spirit.
"A lot of folks who lose their

jobs or who get frustrated with their current jobs will look to start something of their own," Hornsby said. "You can look at the numbers; the number of small businesses have increased since the recession started. Entrepreneurship is actually the best way to get out of recessions."

Steven Coen, senior in finance and entrepreneurship, said that a recession is actually perfect timing for a businessperson with a new idea to try and turn their vision into reality.

"If you can find a way to save people money, you can be successful as an entrepreneur, even when the economy is down," Coen said. "As a businessperson,

you want to fill a need more than

Coen is the owner of a webbased company called MyRibit. com, an online forum and marketplace for college students to share notes, study guides, sell books, tickets and other schoolrelated items. The website generates revenue from advertising, and Coen said he has enjoyed being his own boss.

"There is so much information out there," he said. "When we started this, our thought process was to get all of the information in one place to make it more accessible and easier for everybody to connect."

K-State does its best to help

students who have the entrepreneurial spirit, Hornsby said, and attempts to provide facilities and assistance in a variety of ways.

"I think this university does a good job of trying to connect the dots between curriculum with real experiences and start up businesses," Hornsby said. "Between supporting an entrepreneurship program - actually we will be offering an entrepreneurship minor next year as well - and offering tons of resources, K-State is actually very supportive of student entrepreneurs?

Coen said that his experiences at K-State have definitely helped him with understanding what it takes to be an entrepreneur. In

addition to receiving start-up capital by winning "The Next Big Thing" entrepreneurship competition, Coen said his major has helped him take the lessons he has learned in the classroom and apply it to his business.

My entrepreneurship major has helped a lot when it comes to actually using what I learn on a daily basis," Coen said. "I've gone from having an idea more or less sketched out on a napkin, to having a 60-page business plan, to actually owning and running my own business."



Spending money for healthy food now could save in the future

Rudy Date

The phrase "on a college budget" is a common euphemism often used to describe people, usually students, with limited financial resources or large amounts of debt.

Many situations are associated with this phrase, including owning a cheap car or not owning a car at all, living in the dorms and, most commonly, eating the cheapest food pos-

The food that students eat, however, can have the longest lasting impact on their life, both biologically and financially. Many students decide to eat unhealthy foods because it is immediately cheaper than buying the expensive, healthy alterna-

Abby Zohner, sophomore in interior architecture and prod-

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uct design, said she exercises regularly and sticks to healthier alternatives when shopping for groceries.

"When I shop for snack foods, I usually buy clementine oranges, Kashi cereal or almonds and chocolate chips," Zohner said. "I also try to pick the healthiest thing at Kramer, because I can't always go out shopping. On a typical trip, I spend about \$20 for two weeks of snack food."

Eric Brown, freshman in mechanical engineering, is the flip side of the coin.

"When I go shopping, I go for the chap, good stuff like ramen noodles, macaroni and cheese and Chef Boyardee. It's usually stuff that is also easy to make in the dorms. I usually spend about \$100 per trip, which easily lasts me a month, but it includes extra meals and snacks," Brown

In this case, healthy does

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not necessarily mean overly expensive. Zohner spends \$40 a month on average for snacks, while Brown spends \$100 per month, although he buys additional meals as well as snacks.

The difference between the two lifestyles, however, may lie in the long-term costs.

According to a study done by CBS and The National Business Group on Health, the most commonly associated side-effect of unhealthy eating habits is cardiac arrest, or heart attack. A severe heart attack costs approximately \$1 million dollars in direct and indirect costs while a milder heart attack costs around

Over a period of 20 years, a heart attack can cost from \$38,000 to \$50,000 a year. That's approximately an extra \$3200 -\$4200 per month for the next

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'The effects of poor eating

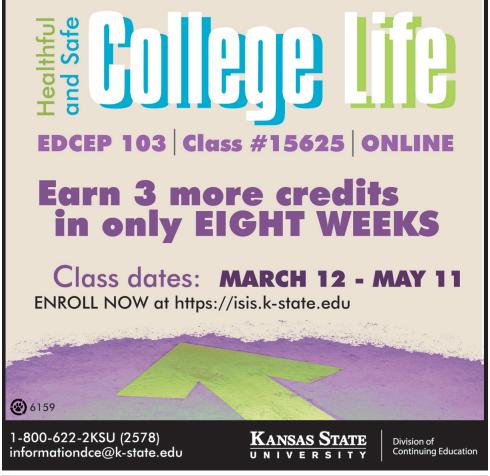
decisions can add up fairly quickly. They can lead to chronic diseases such as cardiovascular disease, diabetes and obesity. This is especially true if there's no balance - too many calories and not enough exercise," said Brian Lindshield, assistant professor and undergraduate adviser in the department of human

Healthier food may be ex-

pensive, but it most likely would not add up to \$4,000 per month, especially in college. Additionally, exercising regularly, which for K-Staters is free at the Peters Recreation Complex, is just as important as eating properly.

Junk food doesn't nearly have enough of the nutrients you need," Lindshield said. "We call those empty calories. People generally consume more than they need. Healthy foods have more nutrient value such as vitamins and minerals."

For some students, it may not be worth spending the extra money to eat healthy food. The long-term effects, however, show that it may very well be worth it to spend the extra money now and reduce the risk of potentially life-altering and increasingly expensive health complications.







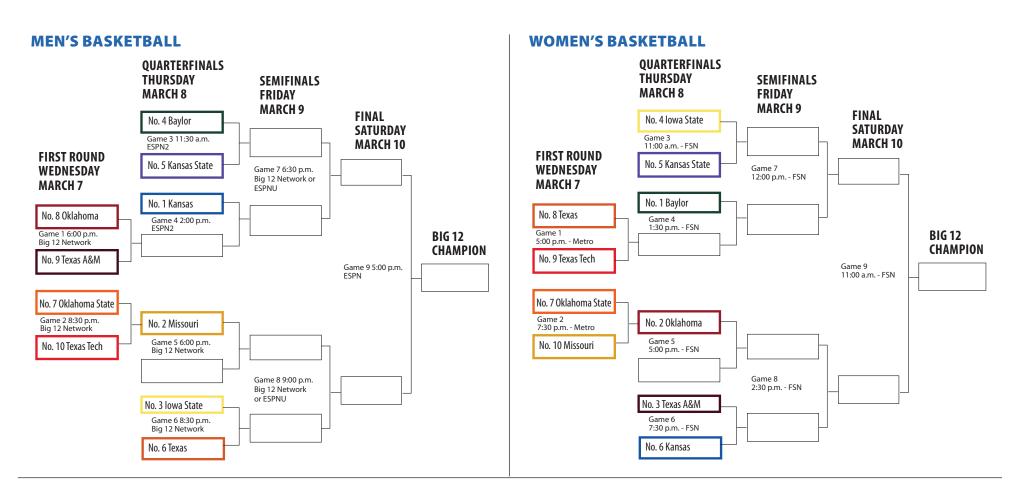


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BIG 12 BRACKETS



K-State players make Phillips 66 All-Big 12 basketball teams

All-Big 12 First Team Royce White, Iowa State Thomas Robinson, Kansas Tyshawn Taylor, Kansas Marcus Denmon, Missouri

J'Covan Brown, Texas All-Big 12 Second Team

Quincy Acy, Baylor Pierre Jackson, Baylor Rodney McGruder, K-State Ricardo Ratliffe, Missouri Keiton Page, Oklahoma State

All-Big 12 Honorable Mention Quincy Miller, Baylor

Chris Allen, Iowa State

Melvin Ejim, Iowa State Jamar Samuels, K-State Steven Pledger, Oklahoma Romero Osby, Oklahoma Le'Bryan Nash, Oklahoma State Myck Kabongo, Texas Elston Turner, Texas A&M

WOMEN'S BASKETBALL **ALL-BIG 12 FIRST TEAM**

Jalana Childs, K-State

David Loubeau, Texas A&M Brittney Griner, Baylor Odyssey Sims, Baylor Chelsea Poppens, Iowa State

Brittany Chambers, K-State Oklahoma Carolyn Davis, Kansas

Aaryn Ellenberg, Whitney Hand, Oklahoma Chassidy Fussell, Texas Tyra White, Texas A&M

WOMEN'S BASKETBALL

K-State to tip off against Iowa State Cyclones in Big 12 tournament

Kelly McHugh

The K-State women's basketball team will head to the Big 12 Conference Tournament ready to face off against the Iowa State Cyclones at 11:30 Thursday

The Wildcats currently sit at 0-2 against the Cyclones this season, and while both their losses came in completely different fashions, they were uncharacteristic losses for K-State that could have been prevented. Needless to say, the Wildcats travel to Kansas City, Mo.,

ready to show Iowa State what they are made of.

I think most of us are in the revenge mindset," senior captain Jalana Childs said. "We nate losing to a team twice and knowing you had the game in your hands the first time and the second time, and just letting it slip away with your stupidity; we were playing soft, I think

that really sums it up." However this is not the first time the Wildcats will tip off their Big 12 Tournament against the Cyclones. Last year's Iowa State squad also went 2-0 against the Wildcats during their 2011 conference season play, and much like this year, the Wildcats 2011 Big 12 tournament was kicked off against the Cyclones. K-State was able to come away with a 56-53 victory and send the Cyclones back to Ames, Iowa.

K-State knows what is at hand, and they know Iowa State will not serve them anything

"I certainly believe that our team understands the qual ity basketball they're capable of playing," K-State head coach Deb Patterson said, "I believe it's within our capability to do and to bring, but we've got to bring an edge on that I haven't seen for three or four games,

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"I certainly believe that our team understands the quality basketball they're capable of playing. I believe their chemistry is terrific and it's within our capability to do and to bring."

for 40 minutes, if we're going to Thursday's competition will consist of three All-Big 12 First Team athletes, junior forward

Chelsea Poppens from Iowa State, and Childs and junior guard Brittany Chambers from During the first conference

Deb Patterson K-State head coach schedule game against the Wildcats, Poppens put away a huge 23 points, leading her team to a come-from-behind victory in Bramlage, but she

Big 12 All-Defensive Team

Quincy Acy, Baylor

Jeff Withey, Kansas

Jordan Henriquez, K-State

Rodney McGruder, K-State

Michael Dixon, Missouri

ing team's defense. possessed almost no threat when K-State traveled to Ames, as she posted only four points and faced foul trouble. If Poppens is on her A-game

in all aspects of the game. Together Childs and Chambers are a threat to any oppos-The strenuous Big 12 schedule this season and their three-

It is no surprise, however,

that K-State's Childs and Cham-

bers made the first team as they

game average, 14.1 and 14.3, re-

spectively, and have had an out-

standing season as team leaders

entire 40 minutes.

in-a-row losing slump have got people talking about whether or not K-State is ready to compete in the post-season. However, from the way Patterson

Thursday the Wildcat's defense talks about the team, they are will have to stay strong the well up to par.

> season for Kansas State?" Patterson said. "I don't think so. We put our shorts on the same way that everybody else does every day, and it's not too long a season for everybody else that wants to be in that NCAA tournament. So we've got to understand that and bring our very best to the floor as we head to KC. That's what this time of the year is all about, I don't want us

The game will take place in the Municipal Auditorium in Kansas City, Mo., and can be

to accept anything less than the











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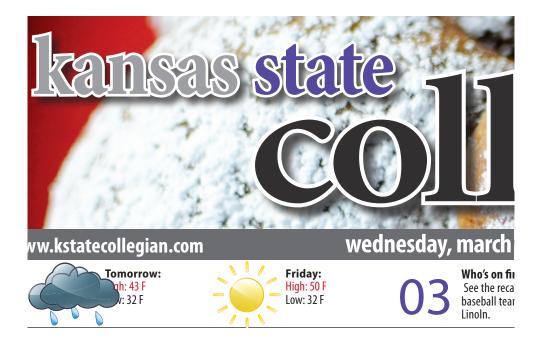
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TOURNAMENT TIME



Wildcats begin tournament play with third face-off against Baylor

With the regular season coming to a close for the K-State men's basketball team last Saturday, following a 77-58 victory against the Oklahoma State Cowboys, Frank Martin and his team turn their focus toward what basketball fans wait all year for: tournament time. The Wildcats (21-9, 10-8

Big 12) finished fifth in the Big 12 Conference standings and will take on the fourth seeded Baylor Bears Thursday in the quarterfinals of the 16th annual 2012 Phillips 66 Big 12 Men's Basketball Championship. The Wildcats will enter the Sprint Arena in Kansas City, Mo., on Thursday as winners

of four of their last five games,

including a 57-56 win on the Bears' home court. "I am real happy with it," head coach Frank Martin said of his team's level of play going into the postseason. "I was unhappy in the first half at Iowa State, I was unhappy in our preparation. Outside of that, I have been extremely pleased with how our team has played

of the season." The Bears, however, showed they could beat the Wildcats without the benefit of playing on their home court when they edged K-State 75-73 early in The play of freshman point

the last four, maybe five, weeks

guard Angel Rodriguez was a large factor in the two games' In the Wildcats' loss to the Bears, Rodriguez scored only seven points in 12 minutes of

play and recorded a turnover to

The second time around, Rodriguez lit up the Bears in multiple categories. Rodriguez played an impressive 39 minutes, during which he hit 7-of-12 from the field for 15 points while recording four steals and

Martin said he Rodriguez's confidence sets him apart from ordinary players and that is a large reason why he recruited

"I am all about guys that aspire to be real good, guys that are not scared to take a chance. Guys like me. I was not scared to take the chance to be the head coach here. It is what I aspired to be, and I want people like that with me," Martin said. "I do not want tentative guys. He has made his share of mistakes, and some of them drive me nuts, but he is willing to get up and take another chance. I get excited

"It is a new season. Whatever happened in the Big 12 is over with now. If you do not win in the tournament you go home anyways. So it is a new season, a new record, and a new everything."

Rodney McGruder

about that willingness." The Bears ended their regular season play with an 80-72 loss on the road to the Iowa State Cyclones and will look to get back on track before the NCAA tournament begins. Like Rodriguez's play in the two matchups, Perry Jones III

put up polar opposite perfor-Jones led the way on offense for the Bears in their win against the Wildcats, racking up 17

points on 8-of-12 from the field n 32 minutes of play. The Wildcats' frontcourt found a way to tame Jones in Waco, Texas, fouling him out in 22 minutes of play and only al-

lowing him to score four points

Jamar Samuels and Jordan Henriquez frustrated the Bears frontcourt in Waco, blocking three shots and scoring nine points each.

Samuels and Henriquez both Samuels earned his 13th career double-double off of 17 points and 12 rebounds while Heneight rebounds.

'The team has focused in at the task at hand, and Jordan, contrary to what people thought when he went through a diffi cult moment, I was not trying to be a tyrant," Martin said of Henriquez's struggles earlier in the season. "He was just being a kid at a moment where he had to learn. We dealt with it. My trust allowed us to move forward. He has been great. Not just because he had been producing, but his whole approach, his demeanor, everything, is back to where it was before, and now he is find-

The Wildcats' goal of bringing home a Big 12 Tournament Championship trophy will require them to win three games in three days, something that will not be completely new for

The Wildcats brought the Diamond Head Classic champion ship trophy back from Hawaii early in the season when they won three games in four days; said gives the team confidence.

'Hawaii prepared us and the young guys for this upcoming situation when it comes to the Big 12 Tournament just having hose games back-to-back," Mc-Gruder said. "It is a new season. Whatever happened in the Big 12 is over with now. If you do not win in the tournament you go home anyways. So it is a new season, a new record and a new

The game is set to tipoff at 11:30 a.m. and will be televised



Conference awards basketball honors, selects All-Big 12 Teams

contributing writer

Editor's Note: This article was completed as an assignment for a class in the A.Q. Miller School

Today kicks off the first part of the Big 12 Conference Championship tournament. After an exciting season filled with upsets, high powered offenses and packed houses, this tournament should be a must watch for any college basketball fan. The question is, however, who should we be looking at when the tournament begins on both the men's and women's

Kicking off the list for the men's side is Kansas' power forward Thomas Robinson. Robinson is currently on the short list for National Player of the Year. Robinson was also named the All-Big 12 Player of the Year as well as a unanimous All-Big 12 First Team selection.

Staying in the state of Kansas for the next player on the list, the spotlight moves to Manhattan where K-State's Rodney McGruder has been carrying much of the scoring load for the Wildcats. The Wildcats will play Baylor at 11 a.m. on Thursday in their first game and are going to have to count on McGruder to put up points. McGruder was named to the All-Big 12 Second Team.

Missouri guard Marcus Denmon is paving the way for one of Missouri's best seasons in school history, averaging 18 points per game. Denmon will have to stay hot for Missouri if they hope to win the tournament this year. Denmon was named to the All-Big 12 First

Iowa State is having one of their best seasons, as a result of the play from sophomore named All-Big 12 Newcomer of the Year along with All-Big 12 First Team. Texas' J'Covan

rounds off our list. In his first year as a starter, Brown led the Big 12 in scoring with 20 points named to the All-Big 12 First

On the women's side, Baylor's Brittney Griner is first junior is currently on the short nation's top point guard every list for Naismith Women's Col-



Junior guard Rodney McGruder guards Oklahoma State's Keiton Page, senior guard, during last Saturday's game in Bramlage Coliseum. The Wildcats came away with a win, 77-58. McGruder will lead the team into battle against the Baylor Bears on Thursday morning at the Sprint Center in

lege Player of the Year. Baylor is currently undefeated going into the tournament, and Griner's 23.3-point, 9.6-rebound and 5.1-block per game average is a big reason why. Look for Griner to have a big tournament if Baylor continues their

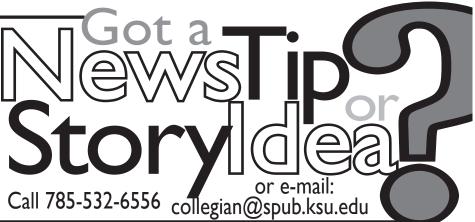
perfect season. Kansas' junior point guard Angel Goodrich is currently averaging 12.9 points and leading the Big 12 with 7.4 assists per game. Goodrich is on the for the Nancv Lieberman on our list. The 6-foot-8-inch Award which is given to the

year. Her leadership and ball-

handling ability will be crucial if Kansas plans to have a suc-Rounding off our list is Iowa

State's junior Chelsea Poppens Poppens currently leads the Big 12 in rebounds averaging 10.9 per game. She is also ranked seventh in scoring with an average of 14.5 points per game. Iowa State has the fourth seed in the tournament and they will play K-State in their first game.

journalism and mass communications. Please send comments to





Spradling looks for improvement heading into postseason play

Throughout last season, many K-State fans wondered what the future would look like when then-senior Jacob Pullen

wednesday, march 7, 2012

In came freshman Will Spradling from Overland Park, Kan. to back up Pullen and help assist in the backcourt.

"When I came in here I knew I was going to play a major role last year," Spradling said. "I knew Jake was a senior and they didn't really have many points guards or guards period so I felt like I was going to be a major part of the team this year. That's what I want to be. I want to be a major role, I don't want to be sitting on the bench."

Spradling, a four-year starter and letterman at Shawnee Mission South High School, finished as the school's secondleading scorer of all time with 1,225 points. He averaged 20.1 points, 6.1 rebounds and 5.7 assists as a senior.

He helped guide the Raiders to just their second Class 6A state tournament during his

Spradling was picked first team All-State as a senior by both the Kansas Basketball Coaches Association and the Wichita Eagle. He was also selected as Sunflower League Player of the Year and first team

Spradling's K-State career started off with plenty of playing time as he saw action in all eraged 6.4 points and 21.9 minutes per game last season.

this season, it has brought a few struggles but it hasn't taken anything away from head coach Frank Martin's confidence in

"He [Martin] said if you see a crack of daylight, you're a shooter and you have to shoot it," Spradling said. "That really helps encourage me to shoot and when you're encouraged to shoot that gets your confidence up. He's really tried to help me

The sophomore guard has struggled to find offensive consistency this season but with each stretch he understands good will come from it.

"Everybody has stretches where they don't make shots," Spradling said. "I just try to keep a positive attitude and come in the gym and get as many shots up as I could."

One of the bigger question marks for the Wildcats as they enter postseason play is where they will fall come Selection K-State enters Big 12 Tour-

nament play Thursday against Baylor and a second win against the Bears could definitely do a lot of good for the seeding. Spradling says the opportunity to play on is there but K-

State can't look ahead quite yet. "Take it one game at a time, that's my focus right now," Spradling said. "Right now we're getting ready for Baylor and that's all that I'm pretty much worried about. I want to get that Big 12 title. That's what I 34 games and started six. He av- set as my New Year's resolution and that's what I'm planning on

through my slump."

Will Spradling, sophomore guard, looks around Kansas' Elijah Johnson, junior guard, for an open teammate during the Feb. 13 game in Bramlage Coliseum. Spradling is one of the leaders on the men's basketball team that will have to step up during this

White's performance on the court leads to K-State wins, coach says



Junior guard **Mariah White** tries to get around a Baylor defender on Feb. 4, in Bramlage Coliseum. **White** and the women's basketball team will take on Iowa State on Thursday morning at the Municipal Auditorium in Kansas City, Mo., for the first round of the Big 12 Tournament

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During the past three years junior guard Mariah White has worked hard on the court for the K-State women's basketball team to fill the leadership position that she holds today. She has been an unselfish leader, a best friend and an all around difference maker for the Wildcats. K-State head coach Deb Pat-

terson said this season White has grown significantly on the offensive end of the court and has been a key player in the team's successes. think we've seen when Mariah plays her very best, we win. When Mariah plays offensively aggressive and her best basketball IQ, we win. When she's active on the offensive end, we win," Patterson said. "I think there's no greater compli-

ment to a player than to say, 'when you play well, we succeed." While she averages 4.5 points per game, White is an all-around team player as she sits at fourth in the Big 12 in assists, averaging five per game, and sixth in the conference with 2.17 steals per game. She also makes the top 10 player charts in the Big 12 Conference in both assists per turnover ratio, 1.92 per game, and average minutes played, 33.43 per game.

White said her love for the game started early in her life, as she started playing basketball in elementary school.

"It's always been something that I've loved," White said. "When I was younger I would do other sports, but it's when I got to junior high I was like, 'yeah, I want to play basketball, and I knew that's what I wanted to do."

Playing basketball is exactly what White has been doing during her time at K-State, as she started all 32 games during her sophomore season, and has started every game this season for the Wildcats

the respect of both her teammates

"She's our emotional leader out there," junior guard Brittany Chambers said. "We feed off of her, she hustles and she plays with so much heart out there. She's definitely our floor leader, and it's just really fun to play with someone like that. She's completely unself-White was all smiles as she

talked about her teammates with fondness and laughed when asked about some of her favorite memo-"Off the court, any time we all get together it's crazy because we

all act ... " White paused, let out another laugh and finished, "well, just stupid. When we're together, it's so fun, it's always a memorable As for memories on the court, White said she likes the memories

of her team's big wins the best. "Like on-the-road wins," White said, "or when we beat A&M here last year and this year, and when we beat Iowa State last year in the Big 12 Tournament." With so much focus this past

week on the seniors playing their

final season games of their careers,

White said she has been thinking about her upcoming senior year and filling that position as a senior leader on the team. "It's almost kind of sad," White said, "because we've only got one year left and it went by so fast, it

seems like just yesterday it was our first semester here." The team's two starting juniors White and Chambers, are already well-prepared for the seniors to

pass them the reins at the end of "I'm excited to have her with me for one more year," Chambers said of White. "I think together we can be great leaders to the younger players and really show them how

this team has played." Complimented by her coach and loved by her teammates, White has the strong character as a person and intensity as a player that continues to help shape K-State women's basketball into the







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